

# SPIRITUS WEEKLY UPDATE



WEEK OF MARCH 7TH, 2024

**SPIRITUS MEETING NEXT WEEK**

**SUNDAY 3/17 AT 3 PM**

**MADELEINE ROOM**

**SPIRITUS MLC GATHERING**

## MEMBER SPOTLIGHT

We have a wonderful update on Linda and Kevin Murnane. They are in New York for a visit. Today, Linda is being honored along with 100 female judges at the United Nations for International Women's Day. What a wonderful recognition for our wonderful friend. If you are not familiar with Linda's esteemed career, she has done incredible work. Linda will also be participating in a virtual panel discussion in a couple of weeks regarding climate change.

When they head back to the Marshall Islands they will be there until she is finished with her assignment in November. We wish them safe travels and congratulations on the incredible work and recognitions Linda is receiving.

[HTTPS://SPIRITUS-MLC.ORG](https://spiritus-mlc.org)

# UPCOMING SPIRITUS EVENTS

- March 17th - Lent - Taize Prayer service -music, readings, and time to reflect as we move into the sacred time of Holy Week. This will be followed by community meeting
- Tentative Date for Easter egg hunt 3/30 more info coming soon
- Apr 7th - Marianist Family Mass at Queen of Apostles Chapel- Begins at 2:00 pm
- April 13th-Deacon Greg Cecere's Funeral at Queen of Apostles Chapel with reception following
- Apr 21st - Easter - Social Justice Theme: Care for Creation. Prayer/Reflection

## REMOTE VIEWING

Right now our remote viewing will be accessed by a link on our Spiritus website. You will not need a password, just the link to view all meetings remotely. The link is currently "unlisted", meaning it is not public and can not be searched. You must use the link we provide and post on the website to access it.

Join us Virtually at 3:00PM on a meeting day by clicking on the link below:

March 17: <https://youtube.com/live/3iHJwgvHG6g>

March 3: <https://youtube.com/live/II2LC4ZXMYk> (view to rewatch)

# LENTEN ACTIVITIES

**ALL DONATIONS TO BE  
BROUGHT IN ON  
MARCH 17TH**

## FAMILY PROMISE OF XENIA

Donations needed:

toilet paper  
feminine hygiene products  
coffee, snacks, juice boxes  
ketchup  
laundry supplies  
cleaning products  
diapers (esp. 4-6) and wipes  
baby soap and shampoo  
deodorant and body wash  
shampoo/conditioner  
dish soap and paper towels

## **ST. VINCENTS**

ITEMS NEEDED:

#10 cans  
items for sack lunches  
hygiene items of all types  
new socks and underwear  
gently used clothing and bedding.

## BRIGID'S PATH:

### ITEMS NEEDED

copy paper and stamps  
Desitin (purple box)  
disinfecting wipes  
bottle brushes and Dreft  
Preemie diapers  
dry snacks and teethers

Want to volunteer?  
Click the link above

**THANK YOU TO NIMFA, CHRIS, AND  
MEGHANN FOR TAKING THESE  
DONATIONS TO THEIR LOCATIONS AND  
LETTING US KNOW THE NEEDS OF THE  
COMMUNITY!**

# PRAYERS AND INTERCESSIONS FOR OUR COMMUNITY

For all those prayers in our community book of intentions. Especially for Charollett, Ann, Alma, Alexis and Max, Michael, and Julie

May we lift them up in Prayer and let them feel God's healing.

May their lives be better and bodies be stronger in the embrace of God's love.

"O GOD,  
THE SOURCES OF ALL HEALTH:  
SO FILL MY HEART  
WITH FAITH  
IN YOUR LOVE, THAT WITH CALM  
EXPECTANCY I  
MAY MAKE ROOM FOR  
YOUR POWER TO  
POSSESS ME,  
AND GRACEFULLY ACCEPT  
YOUR HEALING.

## SPECIAL PRAYERS AND INTENTIONS

For Daisy and Martin Stieger and their family. Daisy's mother passed away last week. May all who loved her feel our support and love as they grieve this loss.

For Judy Rammel who is have some serious heart issues and will be undergoing a major procedure soon. That God may watch over and care for her during this time.

For Phyllis Hamilton's daughter Mary who has been battling cancer. That God may gift her strength to continue to fight it off. And for a good friend, that her medical procedure is successful and does not delay her ability to get shoulder surgery.

For Flo and Tom Cobey. Flo had a stroke earlier this year. She is finally home. Recuperation will be a long road. For their patience and healing during these coming months.

Their daughter has set up a meal train for those interested in helping. Sign-ups are below. They could use the support right now.

### MEAL TRAIN FOR THE COBEYS

<https://www.mealtrain.com/trains/ook174>

# SPIRITUS CONTACT UPDATES

If you need to change any contact information, please let us know by responding to this email or by writing any changes that you need to have made on the clipboard available by the nametags at each Spiritus gathering. We want to make sure that everyone is getting information in a way that is helpful and suits them.

*Maggie Atkinson is the current administrator for Spiritus. If you have a prayer request or message that you would like to have sent out to the community\* please send a message to **[maggie.atkinson@spiritus-mlc.org](mailto:maggie.atkinson@spiritus-mlc.org)***

*\*please note if it is time sensitive*

## STATIONS OF THE CROSS

For those interested in having the opportunity to pray the stations of the cross additional times throughout the season of Lent. We will attach the prayers in a pdf along with the update. Click on the viewing link and you can read and pray along with watching the service. Or just say the prayers aloud, with a loved one, or in the silence of your heart.