



SPIRITUS WEEKLY UPDATE

WEEK OF MARCH 7TH, 2025

NEXT GATHERING SUNDAY MARCH 16TH

SPIRITUS COMMUNITY GATHERING

SUNDAY 3/16

MEETING BEGINS AT 3:00PM

MADELEINE ROOM

ANNUAL COMMUNITY DISCERNMENT

It is time again to begin our Annual Community Discernment. Last year we asked everyone to prayerfully discern how they will continue to participate in this intentional community. There are opportunities to participate in a leadership role or on a team. Please begin to consider if the Spirit is calling you to a new or continued role.

Discernment sheets were distributed at the last gathering and will be available at the next two. The form is also below on the second page so that you can look at it and prayerfully consider your response.

The forms can be returned in person or by email to contact@spiritus-mlc.org or given to Matt or Maggie at any time.

Forms due back by April 6

[HTTPS://SPIRITUS-MLC.ORG](https://spiritus-mlc.org)



Spiritus

Annual Discernment

2025

I am interested in further discerning my role as:

Community Volunteer Opportunities

- Planning Spiritus Gatherings
- Helping with Temporalities (setup, last one out, hospitality, etc.)
- Finance Team
- Operating Streaming Equipment
- Community Outreach Ministry
- Social Justice Team
- Other _____

Leadership team roles

- Community Coordinator
- Spirituality Coordinator
- Formation Coordinator
- Temporalities Coordinator
- Community Rep (3 needed)
- Social Justice Coordinator
- Treasurer
- Spiritual Advisor

Name: _____

Email: _____



Please return this form to Matt or Maggie or email it to contact@spiritus-mlc.org. Forms due by April 6.

PRAYERS AND INTERCESSIONS FOR OUR COMMUNITY

For all those in our community, those that we love, those who are alone, those who are grieving, those in war torn areas, those without anyone to pray for them and anyone else in need of loving support, prayer, or comfort.

Please send prayers for to all those experiencing illness. For all in our community, in the Marianist family, and in the world.

For Katie Metzmaier's friend, Layla (11) who is facing several surgeries in the next few months to fix holes in her esophagus.

For all those who are facing uncertainty and do not have access to care and support.

Lenten Prayer for Spiritual Renewal

God, heavenly Father, look upon me and hear my prayer during this holy Season of Lent. By the good works You inspire, help me to discipline my body and to be renewed in spirit.

Without You I can do nothing.

By Your Spirit help me to know what is right and to be eager in doing Your will. Teach me to find new life through penance. Keep me from sin, and help me live by Your commandment of love.

God of love, bring me back to You.

Send Your Spirit to make me strong in faith and active in good works.

May my acts of penance bring me Your forgiveness, open my heart to Your love, and prepare me for the coming feast of the Resurrection of Jesus.

Lord, during this Lenten Season, nourish me with Your Word of life and make me one with You in love and prayer.

Fill my heart with Your love and keep me faithful to the Gospel of Christ.

Give me the grace to rise above my human weakness.

Give me new life by Your Sacraments, especially the Mass.

Father, our source of life, I reach out with joy to grasp Your hand; let me walk more readily in Your ways.

Guide me in Your gentle mercy, for left to myself I cannot do Your Will.

Father of love, source of all blessings, help me to pass from my old life of sin to the new life of grace.

Prepare me for the glory of Your Kingdom.

I ask this through our Lord Jesus Christ, Your Son, Who lives and reigns with You and the Holy Spirit, one God, forever. Amen.



COMMUNITY INFO

Spiritus Gathering Setup...Please Sign Up: A scheduling tool that allows us to plan for volunteers who can help with the setup and/or serving as greeters for our Spiritus gatherings has been in place for quite a while, but is not being utilized. Knowing in advance who can help with the setup, alleviates any concern that we won't have enough volunteers to help. By clicking the link below or using the QR code provided, you can easily sign up for a future gathering, which will also send a reminder to you in advance of that gathering. If you need any help with the scheduling, please contact Linda Skinner at scheduling@spiritus-mlc.org. Thank you so much for your help!



**Mark your calendars!
Spiritus will have a
community Mass
Easter Sunday at 10:30
am in the Queen of
Apostles Chapel.
April 20th, 2025**

**Don't forget to sign
up for the 2025 US-
COPAJU ANNUAL
CONFERENCE
March 26th - 28th at
the University of
Dayton.
Click HERE for more
information and to
register.**

[HTTPS://SPIRITUS-MLC.ORG](https://spiritus-mlc.org)



UPCOMING SPIRITUS EVENTS

- March 8th - Funeral Mass for Br. Don Neff, 10:30 Queen of Apostles Chapel, Visitation beginning at 9, Interment immediately following Mass, luncheon afterwards.
- March 16th, Spiritus Gathering, Madeleine Room, 3:00 PM
- March 12th – Full of Grace Ministries Game Day, Madonna Room at Our Lady of Grace Parish – Corpus Christi campus.
- March 16th – Spiritus Prayer Gathering, 3PM, Madeline Room.
- March 25th – Annunciation Mass with Dayton Family Council, 7PM, Queen of Apostles Chapel.
- March 26-28th – US Chapter of Committee of Pan American Judges for Social Justice (COPAJU) conference, University of Dayton
- April 6th – Spiritus Prayer Gathering, 3PM, Madeline Room.
- April 19th - Family Easter egg hunt - Mount St. John
- April 20th – Spiritus MLC Community Mass, 10:30AM, Queen of Apostles Chapel.

REMOTE VIEWING

Check the website (link at bottom of each page) for link to remote viewing for Sunday.

Sunday March 2nd https://www.youtube.com/live/7TMx19t_W5w

Viewing of all past meetings are available on the Spiritus website. Just click the banner at the bottom of the page for access.

If you are interested in being trained to stream meetings, please see Kevin Skinner or send inquiries to contact@spiritus-mlc.org
To rewatch all past meetings click on the link for our website at the bottom of the page.



Lenten Donations

At our Spiritus gatherings on 3/16 and 4/6, we will be collecting Lenten donations.

FAMILY PROMISE- diapers (size 5,6,7), “any and all cleaning supplies”, napkins, bleach/Lysol, Kool-Aid, hair brushes/combs, plastic cutlery, aluminum foil.

BRIGID’S PATH - 4 Oz Dr Brown bottles, hand sanitizer, scent-free detergent (Dreft), Pampers Swaddlers Sensitive -1 and NB, paper towels, baby wipes, copy paper, toilet paper, Desitin (purple box), Clorox or Lysol disinfectant wipes, single serve coffee pods, dry snacks (granola bars, chips, etc), sturdy paper plates, baby teethers, postage stamps, hand soap refill bottles.

DAKOTA CENTER BABY SHOWER - diaper bags, backpacks, baby shampoo and lotion, onesies, sleepers, hats, diapers (sizes NB-5), baby wipes

For moms - deodorant, toothpaste, lotion, nursing pads

We are also encouraging tax deductible financial donations to **Miami Valley Immigration Coalition** (via their website or mail c/o LEAD 505 Riverside Dr., Dayton, OH 45405) or to **Catholic Social Services Refugee Resettlement** (via website or mail to 922 W Riverview Ave, Dayton, OH 45402). Both are in desperate need of funding at this time.

Thanks and peace, Chris



SOCIAL JUSTICE CORNER

Urban Solidarity Initiatives: Many Opportunities to Get Involved!

- Wednesday, March 12, 3:30 pm – 5:30 pm: Refreshments and Bingo. Our goal is to give those who attend the Food for the Journey Project Tuesday meal an added social experience during the week. This program will be hosted at the Holy Spirit Family of Parishes – Corpus Christi Campus (527 Forest Avenue, Dayton) in the Madonna Room. We are aiming to do this on the second Wednesday of the month. Volunteers are needed to help set-up tables and chairs and prepare simple refreshments from 3:30-4:30 pm; serve refreshments to neighborhood guests from 4:30-5:00pm and facilitate play Free BINGO from 5:00-5:30. If you are interested in helping, please contact Donna O'Neill at djtoneill@aol.com or Nancy Woeste at nancywoeste19@gmail.com
- Respite Bag Sign-up Dates Are Still Available: Please consider signing up for one of the following upcoming dates to deliver Respite Bags to Food for the Journey Project (FJP): April 15, April 29, June 3, July 15, July 29, August 5 and additional dates in the fall. In addition to filling bags with shelf stable snacks, please consider adding a few of these items during the winter months, either in the same bag as the snacks, or in a separate Ziploc bag that can be given out separately. Suggested items include: lip balm, throat lozenges, travel size hand lotion, band aids, masks, toothbrush, travel size toothpaste, or hand warmers.

Support Dakota Center:

- The Dakota Center is seeking donations and volunteers for their Baby Shower on Saturday April 19th from 11-2 pm. They need 5-10 volunteers to help with the resource fair to direct moms to the organizations. Also please consider collaborating with your community to fill a laundry basket, diaper bag, or backpack with items for baby or mom! Suggestions for the baby bag include baby shampoo and lotion, onesies, sleepers, hats, and of course lots of diapers (size newborn-5) and wipes! Fill a mommy bag with deodorant, toothpaste, lotion, and nursing pads. Thanks for your help!



MARIANIST FAMILY ACTIVITIES AND PROGRAMS

Check out the new edition of
Marianist Family Online!
<https://www.marianist.com/familyonline/>

STAY CONNECTED !

MARIANIST FAMILY - <https://www.marianist.com>

MARIANIST SOCIAL JUSTICE COLLABORATIVE - <https://marianistsjc.net>

MARIANIST LAY COMMUNITY OF NORTH AMERICA - <https://www.mlcna.org>

MARIANIST ENVIRONMENTAL EDUCATION CENTER - <https://meec.center>

NORTH AMERICAN CENTER FOR MARIANIST STUDIES - <https://www.nacms.org>

SPIRITUS CONTACT UPDATES

If there is anyone who is seriously ill or facing a significant surgery or procedure the Sacrament of the Anointing of the Sick is available.

You can call the Spiritus office and leave a message if it is something that can be scheduled in advance, or if more time sensitive, you can reach out to Fr. Tom. His telephone number is 937-903-0943.

Also if anyone needs to receive Eucharist at home please notify Linda Folmar at Linda_folmar@sbcglobal.net.

If you need to change any contact information, please let us know by responding to this email or by writing any changes that you need to have made on the clipboard available by the nametags at each Spiritus gathering. We want to make sure that everyone is getting information in a way that is helpful and suits them.

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